

# CV SUMMARY FOR DR. JANE SIMINGTON PHD.

**Dr. Jane Simington PhD.**

**BY ADDRESSING SOUL PAIN I HELP PEOPLE CREATE SUCCESS AFTER LIFE'S TOUGH MOMENTS, MOVE FORWARD AND LIVE WITH JOY!**

## Compelling, Memorable, Relevant

### *Contact Information*

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Edmonton, AB  
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(780)-473-6732

info@takingflightbooks.com  
www.drjanesimington.com



Speaker, Author, Educator and Therapist

## Jane's walk-the-walk style ignites the passion that lies within.

Living With Passion and Purpose

Beyond Trauma and Abuse

Addressing the Soul Pain of a Difficult Life Event

Healing From Grief

Transforming Loss and Hardship into Happiness

Supporting the Spiritual Journey as Life Unfolds

### **Rave Reviews**

*Dr. Jane's recent book "THROUGH SOUL'S EYES provides deep wisdom gathered from Jane's personal suffering and healing and from her professional knowledge and experiences to help you reinvent a life of joy, hope and promise."*

**Joan Borysenko, PhD**

### **Special points of interest:**

- International Best Selling Author
- CARNA recipient of Lifetime Achievement Award for Excellence
- Global Television Woman of Vision
- YWCA Woman of Distinction
- Canadian Nurse Magazine's: Nurse to Know

**Dr. Jane A. Simington,**

RN, BSN, BA (Psych), MN, PHD



Dr. Jane Simington is the owner of Taking Flight International Corporation and the developer of both the *Trauma Recovery Certification Program* and the *Grief Support Certification Program*. As a therapist and professor, she combines her professional background in both Nursing and Psychology, with her own experiences of grief, trauma, growth and transformation, along with an extensive knowledge of energy-transfer-healing, dream interpretation, art and guided imagery, to help and heal people of both genders, across the life span, and cultures.

Dr. Simington is a much sought-after keynote presenter, focusing on her research and clinical interests in change and transition, dying, grief and trauma, holistic health, personal empowerment, spiritual well-being and team building with spirit.

"Dr. Jane Simington helps you apply to your life the wisdom she has gained from both her personal suffering and healing and from the thousands of people locally and worldwide she has helped. ....you can change and transform your thoughts and your life."

Bernie Siegel, MD,

Jane is committed to giving powerful and impactful presentations, leaving her audiences feeling inspired and with a solid take-away message they can put into immediate action.

Jane's work is featured in her internationally best-selling books, *Journey to the Sacred: Mending a Fractured Soul* and *Through Soul's Eyes: Reinventing a Life of Joy and Promise*, the booklet, *Responding Soul to Soul*, the award winning films, *Listening to Soul Pain* and *Healing Soul Pain*, and on the CD's, *Journey to Healing and Transformation*, *Releasing Ties*, *Shielded With Light*, *Cloaked in Joy*, and *Retrieving Lost Soul Parts*.

Her most recent book *Through Soul's Eyes: Reinventing a Life of Joy and Promise* is an Amazon International best-seller.

Known as the Woman of Hope, Dr. Jane Simington has been honored by Global Television as a Woman of Vision, by the YWCA, as a Woman of Distinction and by CARNA with the Life Time Achievement Award.

## **CV SUMMARY FOR JANE A. SIMINGTON Ph. D**

### **EDUCATIONAL PREPARATION**

**Ph.D; MN, BSN, BA( Psych), RN Diploma:**

Art Therapy; Certification Clinical Hypnotherapy; Dream Understanding/Jungian Interpretation  
 Certification Therapeutic Touch Practitioner/ Teacher- Certified Reiki Master Teacher  
 Certification Critical Incident Stress Management (CISM) for Mental Health Professionals  
 Certification Spiritual Human Yoga Practitioner/ Teacher Levels One to Four  
 Training in Critical Incident Stress Management (CISM) for Mental Health Professionals  
 Training in Neo-Shamanism , Neuro-linguistic Programming (NLP)  
 Extensive Travel for Study and Research, Europe, Asia, South and Central America

### **SELECTED RECENT HONORS**

2012 Lifetime Achievement for Nursing Excellent, College and Association of Registered Nurse, Alberta.  
 2012 Alumni to Know, *Green and White*, University of Saskatchewan.  
 2011 YWCA Woman of Distinction, Edmonton, Alberta.  
 2011 Woman of Vision, Global Television, Edmonton, Alberta.

### **SELECTED PROFESSIONAL EXPERIENCE**

1994 - Present **Taking Flight International Corporation**, Edmonton, AB *Owner, President*  
 Produce, publish, distribute resources for healing grief and trauma  
 Keynotes conferences, seminars, workshops, individual and group counseling grief, trauma  
 Developed and delivers the *Trauma Recovery* (160 hrs.) and *Grief Support* (40 hrs.) *Certification Programs* to multidisciplinary professionals, locally, nationally and internationally.

2004-2012: **Union Institute & University**, Cincinnati, OH. Adjunct Faculty  
 1999-2111: **St. Stephen's Theological College**, Edmonton, AB, Adjunct Faculty  
 2001-2010: **Nechi Institute for Health Promotion for Aboriginal Peoples**, St. Albert, Alberta.  
 1992-2010: **University of Alberta Faculty of Nursing**. Edmonton, Alberta.  
 1990-1992: **Hawaii Loa University Faculty of Nursing and Health Studies**. Kaneohe, Hawaii.  
 1986-1989: **North Battleford Community College, Educator, Gerontology Distance Ed. Program**  
 1986: Various positions as a **Therapeutic Helper** and **Clinical Nurse** all in Saskatchewan

## CV Summary for Dr. Jane Simington PhD.

### SELECTED RESEARCH INVOLVEMENT

2015: *Standing in the Tragic Gap: Courage and Resilience in the Lives of Ordinary People*. External Examiner Master's thesis. St. Stephen's College, Edmonton, AB

2012: *Art Therapy in Addictions Recovery: A Grafting Experience for Women's Healing*. External Examiner Master's thesis. St. Stephen's College, Edmonton, AB.

2011 *Sacred or Scared: Post Death Encounters and the Surviving Spouse*. Internal Examiner. St. Stephen's College, Edmonton, AB.

2011. *Spirituality of Aging Women*. Doctoral dissertation committee member. Union Institute, Cincinnati, OH.

**SELECTED PUBLICATIONS (Out of 102)**- Committed to providing information for lay and professional readers, including numerous online publications, newsletters, two award winning audiovisuals, YouTube productions, book chapters, three books and peer reviewed articles. Dr. Jane is an expert author for Open to Hope Compassionate Friends and Self Growth.

### Selected Articles

Simington, J. (2013). *Trauma and Dissociation: Neurological and Spiritual Perspectives*, Journal of Psychology and Psychotherapy, Volume 3 • Issue 3 • 1000116

Wagner, J, & Simington, J. (2010). *Spirit at Work in Long-term Care*, Humane Health Care International (2010)10 (2).

### Selected Books

Simington, J. (2015) *Durch die Augen Der Seele: Ein Leben voll Freude und Verheißung neu erfinden*

Simington, J. (2014) *A Través De Los Ojos Del Alma: Reinventando Una Vida De Alegrías Y Promesas*

Simington, J. (2013). *Grief Support Certification Handbook* (6<sup>th</sup> Ed.).

Simington, J. (2013). *Trauma Recovery Certification Handbook* (6<sup>th</sup> Ed.).

Simington, J. (2013). *Through Soul's Eyes: Reinventing a Life of Joy and Promise*

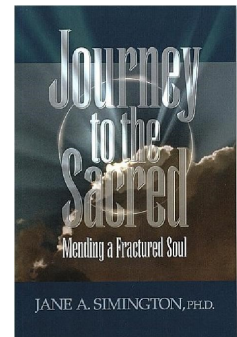
Simington, J. (2003) *Journey to the Sacred: Mending a Fractured Soul*

Simington, J. (2011). *Journey to the Sacred: Mending a Fractured Soul* (revised version).

Simington, J. (2011). *Viaje Hacia Lo Sagrado*,

Simington, J. (2010). *Setting the Captive Free*

Simington, J. (2009). *Responding Soul to Soul: During Times of Spiritual Uprooting* (2<sup>nd</sup> Ed.).



### Selected Book Chapters

Simington, J. (2013) *Connecting to Nature: Sacred Lessons Learned*. In G. Horsley & H. Horsley (Eds.), Signs of Hope from Heaven. Open to Hope Foundation for Compassionate Friends.

Simington, J. (2012). *Multiple Losses and the Circle of Significance*. In R. Neimeyer (Ed.), Techniques of Grief Therapy, Creative Practices for Counseling the Bereaved, pp, 42-44. Florence, KY: Routledge/Taylor & Francis,

Simington, J. (2004). *Ethics for an Evolving Spirituality*. In J. L. Storch, P. Rodney & R. Starzomski (Eds.), Toward a Moral Horizon: Nursing Ethics for Leadership and Practice, pp. 465-484. Toronto, ON: Pearson Education Canada.

Simington, J. (2003). *Psychosocial and Spiritual Aspects of Palliative Care*. In Palliative Caregiving. Edmonton, AB: Grant MacEwan College.

## ***CV Summary for Dr. Jane Simington PhD.***

### **Audio Recordings**

***Journey to Healing and Transformation***

***Releasing Ties that Bind***

***Cloaked In Joy***

***Shielded With Light***

***Reintegrating Parts of the Self***

### **Video Recordings**

***Healing Soul Pain,***

***Listening to Soul Pain***

### **SELECTED RESEARCH PRESENTATIONS (Out of 20)**

Simington, J. (2007). **Healing Soul Pain**. 21<sup>st</sup> Margaret Scott Wright Research Day. Faculty of Nursing. Lister Hall, University of Alberta. Edmonton, AB.

Simington J. (2006). **Journey to Hope and Healing: Beyond Trauma and Abuse Education and Therapy**. Healing Our Spirits Worldwide. International Conference for Indigenous Peoples. Shaw Conference Centre, Edmonton AB.

Simington J. (2002). **Healing the Soul Pain of Trauma and Abuse**. Healing Our Spirits Worldwide. International Conference for Indigenous Peoples. Albuquerque, New Mexico.

### **SELECTED PROFESSIONAL DEGREE TRANSFERRABLE CERTIFICATION PROGRAMS**

Designed and developed and since 2004 has delivered two certification training programs for professionals. Both are transferrable toward master degree credits and accredited by CCPC Global. They each also carry CEU's for national and international certification in addiction counseling. Both training programs are approved by Alberta Advanced Education for tax credit purposes. Both programs are delivered locally, nationally and internationally and often in First Nation Communities.

### **MEDIA EXPOSURE**

Local, National and International media presence. Dr. Jane has been featured and quoted as an expert guest in numerous newspapers, magazines and Blogs. She has appeared on radio and television programs across Canada, the United States and Europe.

Her life story is featured in, Phil Harkins & Phil Swift (Eds.). In Search of Leadership How Great Leaders Answer the Question, "Why Lead?" If Not Now When? If Not You Who? The Story of Jane Simington and the Journey to the Sacred.

## **A Selection of Past Appearances**

A gifted speaker, Dr. Jane Simington offers motivational and transformational presentations based on her own personal and professional experiences.

**Native Mental Health Conference**

**Native Women's Association**

**Art of Aging Seniors Conference**

**Residential School Survivors First Nations Conference**

**Health Canada**

**Palliative Care Conference**

**Victorian Order of Nurses Conference**

**Interfaith End of Life Conference**

**Grief Support Providers Conference**

**First Nations HIV/AIDS Society Conference**

**Victims of Homicide Western Canada Conference**

**Custody and Caring Conference**

**Art Therapy and Trauma Resolution International Conference**

**Custody and Caring Conference**

**Teleplanet Conference**

**Spirituality in Health Care International Conference**

**Nurses Alumni Conference**

**Canadian Art Therapy Conference**

**Maskwacis Awasisak Conference**



**“Dr. Simington is an excellent and knowledgeable presenter. She is dynamic and clearly passionate about her subject. She has a valuable background of work which she freely shares.”**  
**Ineka McDougall**

**A complete list will be provided upon request.**

## **Rave Reviews**

**“The rare and amazing qualities of Dr. Jane Simington as a teacher, is that she walks her talk, so much, that she inspires both the mind and the soul. In fact, her complete professionalism so captivates and at same time appeases the mind, that you let your self go, to fully enjoy her magic. Her methods are efficient, fast in their results, and especially respectful and tender to the person she works with. Her seminars have changed my life, not only by receiving healing myself, but also by shifting my own mindset and techniques as a healer. One only has to see the radiant smiles on the faces of the people, in the groups she teaches, to realize the power in her work!” Chrysoula Konstantianou – Teleplanet Conference, Athens, Greece.**

**“Jane speaks from the perspective of having been personally touched by her topic. This insight allows her to connect with others at a soul level. Dr. Simington is an excellent speaker. Her information is relevant and presented passionately”- Spirituality in Health Care: International Conference**

**“She explained, discussed, repeated, wrote, showed, asked, persisted, laughed, touched, hugged, sung, played the tambourine, danced, prayed, healed ... it’s all in her teaching, and I have left a lot of it out, which is simply quite indescribable and in the realm of the unseen! Yes... Dr. Jane Simington! She is a meticulous scientist and a brilliant communicator. An inventive teacher and elegantly intuitive as she works with people. She is ever committed to facilitating the healing, of which every human being is capable. What was very valuable for me in her seminars was not only the holistic approach and the inventive, multi discipline methodologies, but her teaching by example values like compassion, integrity, gentleness, and persistent faith in people’s ability to transform” Agnes Mariakaki -Holistic Methods For Healing, Athens, Greece.**

**“The feedback both through the evaluations and verbally has been very positive. You certainly touched many of us.” Cathy Straight – Soulful Care-giving: Nurses Alumni Annual Conference.**

**“Thanks again for joining us – we had wonderful feedback on your keynote. Looking forward to working with you the future.” Laurie Mcleod – Native Mental Health Conference**

**“Jane is one of the most engaging and compassionate speakers I have been privileged to know.....I am touched by her radiant sense of joy and delightful sense of humor.”-Conference Planner**