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Teachers Helping Traumatized Students

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Persistent fear and anxiety resulting from trauma, and the adaptations to that fear, can alter a child's developing brain and nervous system, creating changes in behavioral and cognitive functioning that can markedly impact attention, retention, and overall learning and behavior.

Teachers Helping Traumatized Students increases your knowledge of how trauma impacts the developing brain and impacts psychological development. It reveals how these affects interfere with a child's learning and socializing abilities. This training offers you easily applied skills to make a positive impact on the life and learning of students who have experienced trauma as well as for those who are living in situations where they frequently experience or are exposed to violence.

During our time together you will:

- 1) Examine the impact trauma has on the brain and identify resulting alterations to normal physical, emotional, behavioral and cognitive development.
- 2) Discuss effects of trauma on attention, retention and overall learning.
- 3) Describe the three major categories of symptoms of childhood trauma and note how these interfere with a child's physical and social development.
- 4) Advance your skills to help increase a child's self-worth and socializing abilities.
- 5) Gain knowledge and basic skills to help a child heal from the short and long term effects of trauma.
- 6) Practice self-care strategies to alleviate any secondary trauma you might experience as a result of working with a traumatized child.