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Trauma in the School: Helping Teachers and Students

A traumatized child must learn to adapt to a world that feels untrustworthy, find ways to be safe in circumstances that are unsafe and discover strategies to control situations that are unpredictable. The effects of childhood trauma are experienced physically, mentally, emotionally and spiritually and impact the child's education, and social relationships. These effects can leave the child feeling helpless and powerless.

During this presentation you will:

- 1) Examine the physical, mental, emotional, spiritual and social ramifications of childhood trauma.
- 2) Review the impact on education of childhood trauma.
- 3) Gain skill to instill hope and empowerment in relation to childhood trauma.
- 4) Practice basic strategies to help and heal a traumatized child.