

SUMMARY OF CURRICULUM VITAE

JANE A. SIMINGTON Ph. D

Websites: www.takingflightinternational.com

www.Drjanesimington.com

EDUCATIONAL PREPARATION

- Ph.D; MN, BSN, BA(Psych), RN Diploma:
- Art Therapy; Certification Clinical Hypnotherapy; Dream Understanding/Jungian Interpretation
- Certification Therapeutic Touch Practitioner/ Teacher- Certified Reiki Master Teacher
- Certification Critical Incident Stress Management (CISM) for Mental Health Professionals
- Certification Spiritual Human Yoga Practitioner/ Teacher Levels One to Four
- Training in Neo-Shamanism , Neuro-linguistic Programming (NLP)
- Extensive Travel for Study and Research, Europe, Asia, South and Central America

SELECTED RECENT HONORS

- 2012 Lifetime Achievement for Nursing Excellent Award, College and Association of Registered Nurses of Alberta
- 2012 Alumni to Know, *Green and White*, University of Saskatchewan.
- 2011 YWCA Woman of Distinction, Edmonton, AB.
- 2011 Woman of Vision, Global Television, Edmonton, AB.

SELECTED PROFESSIONAL EXPERIENCE

- 1994 - Present Taking Flight International Corporation, Edmonton, AB *Owner, President*
- Produce, publish, distribute resources for healing grief and trauma
 - Keynotes conferences, seminars, workshops, individual and group counseling grief, trauma
 - Developed and deliver *Trauma Recovery* (160 hrs.) and *Grief Support* (40 hrs) *Certification Programs* to multidisciplinary professionals, local, national and international
- 2004-2012: *Union Institute & University*, Cincinnati, OH. Adjunct Faculty Supervise Dissertation
- 1999-2111: *St. Stephen's Theological College, Edmonton, AB*, Adjunct Faculty – Supervise Thesis
- 2001-2010: *Nechi Institute for Health Promotion for Aboriginal Peoples*, St. Albert, AB.
- Contractor educator,
- 1992- 2010: *Faculty of Nursing*, University of Alberta, Edmonton, AB.
- *Adjunct Faculty (2000-2010), Lecturer (1996-1999),*
 - *Assistant Professor (1992-1996), Parish Nurse Program Development and Delivery (1994-1999)*
- 1990 – 1992: *Faculty of Nursing and Health Studies*, Hawaii Loa University, Kaneohe, Hawaii
- *Assistant Professor*
- 1986 – 1989: *North Battleford Community College, Educator, Gerontology Distance Ed. Program*
- 1986: Various positions as a Clinical Nurse all in Saskatchewan

MOST RECENT RESEARCH INVOLVEMENT (Out of 25 projects)

- 2012: *Art Therapy in Addictions Recovery: A Grafting Experience for Women's Healing*. External reader Master's thesis for Nancy Jean Olthuis. St. Stephen's Theological College, Edmonton, Alberta.
- 2011 *Sacred or scared: Post death encounters and the surviving spouse*. Internal reviewer. St. Stephen's
2011. *Spirituality of aging women*. Doctoral dissertation committee member. Union Institute, Cincinnati,

SELECTED PUBLICATIONS (Out of 102)- Committed to providing information for lay and professional readers, including numerous online publications, newsletters, two award winning audiovisuals, utube productions, book chapters, three books and peer reviewed articles. I have publications translated into Spanish and in Greek. I am an expert author contributor to Open to Hope Compassionate Friends and Self Growth.

Simington, J. (2013). *Innovative Strategies for Supporting Grieving Clients*. In *New Tendencies in Cognitive Behavioural Therapy*. Athens, Greece: The Greek Association of Behavioural Research. (In Press).

Simington, J. (2013). *Trauma and Dissociation: Neurological and Spiritual Perspectives*, Journal of Psychology and Psychotherapy, Volume 3 • Issue 3 • 1000116. <http://www.omicsonline.org>

Simington, J. (2012). *Multiple Losses and the Circle of Significance*. In R. Neimeyer (Ed.), Techniques of Grief Therapy, Creative Practices for Counseling the Bereaved, pp, 42-44. Florence, KY: Routledge/Taylor & Francis,

Simington, J. (2011) *Complementary and Alternate Methods of Healing: How I Began Using Them and How I Use Them Now* (Audiovisual). In S. B. Baddour (Ed). Introduction to Complementary and Alternative Health Care. Produced in Edmonton, AB. by Taking Flight Books, for Memorial University of Newfoundland, School of Nursing, St John's, NL, Canada.

Simington, J. (2011) *Multiple Losses and the Circle of Significance*. In R. A. Neimeyer, (Ed.). Techniques in Grief Therapy: Creative Strategies for Counseling the Bereaved (in print).New York, NY. Routledge.

Simington, J. & Wagner, J. I. (2011). *Spirit at Work in Long-term Care*. Self Growth Online Self Improvement Community (April). www.selfgrowth.com. Excerpt from Spirit at Work in Long-term Care, Wagner, J. & Simington, J. (2010). Humane Health Care International (2010)10 (2). www.humanehealthcareinternational.com

Simington, J. (2011). *Soul Pain: Grief and Transformation*, Open to Hope Foundation for Compassionate Friends (April). www.opentohope.com.

Simington, J. (2011). *Addressing the Spiritual Concerns of Those Who Are Moving Through Grief and Trauma*. Self Growth Online Community for Self Improvement (January). www.selfgrowth.com

Simington, J. (1996). Attitudes Towards the Old and Death, and Spiritual Well-being. Journal of Religion and Health 35(1), 21-32.

Simington, J. Cargill, L. Hill, W. (1996). *Crisis Intervention: Program Evaluation*. Clinical Nursing Research, 5(4), 376-390.

Simington, J., Olson, J., Douglass, L. (1996). *Promoting Well-being Within a Parish*. The Canadian Nurse, 92 (1), 20-24.

Simington, J. (1995). *The Power of Expressive Touch*. Humane Medicine. A Journal of the Art and Science of Medicine, 11(4), 162-165

Simington, J., Lainge, G. (1993). *Effects of Therapeutic Touch on Anxiety in Institutionalized Elderly*. Clinical Nursing Research 2(4), 438-451.

Simington, J. (1993). *The Elderly Require Special Touch*, Nursing Homes, 4, 30-32.

Simington, J. (1993). *Therapeutic Touch for the Elderly*. Nurse Practitioner, 11, 2-3.

SELECTED RESEARCH PRESENTATIONS (Out of 20)

Simington, J. (2007). Healing the soul pain of trauma. 21st Margaret Scott Wright Research Day. Faculty of Nursing, Lister Hall, University of Alberta. Edmonton, AB.

Simington J. (2006). Journey to hope and healing: Beyond Trauma and Abuse Education and Therapy. Healing Our Spirits Worldwide. International Conference for Indigenous Peoples. Shaw Conference Centre, Edmonton AB.

Simington J. (2002). Journey to hope and healing: Beyond trauma and abuse. Healing Our Spirits Worldwide. International Conference for Indigenous Peoples. Albuquerque, New Mexico.

Simington, J. (2001). Listening to soul pain. Spirituality and Health Care, National Conference. Faculty of Medicine, University of Calgary, Calgary, AB.

Simington, J. (2000). Listening to soul pain. Removing Barriers II: Keeping Canadian Values in Health Care. Vancouver, BC.

Olson, J., Douglass, L., Paul, P., Simington, J., Goddard, N., & Clark, M. (1999). Addressing the spiritual dimension in nursing education, 35th Sigma Theta Tau International Biennial Conference, San Diego, CA.

Olson, J., Clark, M., & Simington, J. (1998). Evaluation of the preparation of nurses for parish nursing practice, Parish nursing: Valuing the lived experience. Twelfth Annual Westberg Parish Nurse Symposium. Parish Nurse Resource Centre, Itasca, Illinois.

Olson, J., Simington, J., Clark, M. (1997). An evaluation of beginning parish nursing practice. Sigma Theta Tau International Convention, Indianapolis, IN.

SELECTED PROFESSIONAL DEGREE TRANSFERRABLE CERTIFICATION PROGRAMS

(Designed and developed and since 2004 have delivered two certification training programs for professionals. Both are transferrable toward master degree credits and both carry with them CEU's for national and international certification in addiction counseling. Both are approved by Alberta Advanced Education, educational so tax credits can be issued. These are delivered locally, nationally, and internationally and often in First Nation Communities, as well as internationally.

Simington, J. (2013, August). Trauma Recovery Certificate Program. Star of the North, St. Albert, AB

Simington, J. (2013, June). Grief Support Certification Program. Star of the North, St. Albert, AB.

Simington, J. (2013 May). Trauma Recovery Certificate Program. Athens, Greece.

Simington, J. (2011, May). Grief Support Certification Program. Cabine Soleil, Sherwood Park, AB.

Simington, J. (2010, March). Grief Support Certification Program. Archdiocese of The Pas Keewatin, The Pas, Manitoba.

Simington, J. (2009). (December/ March, 2010.) Trauma Recovery Certification Program. Beauval SK.

Simington, J. (2009, June) Grief Support Certification Program. Sturgeon Hall/ Grand Prairie, AB.

Simington, J. (2008, October/ November/ March, 2009). Trauma Recovery Certification Program. Sturgeon Heights Hall, Valleyview, AB. and Grande Prairie, AB.

Simington, J. (2008, March, April, May, Ermineskin Band). Trauma Recovery Certification Program. River Lodge Retreat Centre. Stony Plain, AB.

SELECTED RECENT PROFESSIONAL CONFERENCE PRESENTATIONS/ KEY NOTES (Out of 139)

Simington, J. (2013, July). Healing the Effects of Trauma and Intergenerational Trauma. Police Based Victim Services, High Prairie, AB.

Simington, J. (2013, March). The Good We Do: Empowering Self and Others in the Workplace. Social Development, Saddle Lake First Nations, Chateau Louis, Edmonton, AB.

Simington, J. (2013, June). Living with Passion and On Purpose: A workshop for Professionals. City of Grande Prairie, Grande Prairie, AB.

Simington, J. (2013, April). Strategies to Help, Heal and Empower Following Trauma. Planet Therapy Conference in Athens.

Simington, J. (2012, October). *Art Heals the Soul Pain of Trauma*. Canadian Art Therapy Association Conference. Lister Centre, University of Alberta

Simington, J. (2012, June). *Healing the Spiritual Distress of Trauma*. Planet Festival, Athens, Greece

Simington, J. (2012, May). *Helping a Traumatized Child*. Holiday Inn Hotel, Diodos Unistudies, Athens, Greece

Simington, J. (2011, November). Grief and Trauma: You and Your Youth. Alberta Child and Family Services Authority, Slave Lake, AB.

Simington, J. (2011, November). Short-term Grief Counseling. Northern Lakes College Counselors. Northern Lakes College, Grouard, AB.

Simington, J. 2011 (July 13) Healing Soul Pain: Fourth Annual Directions in Aboriginal Ministry Program. Star of the North Retreat Centre, St Albert, AB

Simington, J. 2011(May 26).Impact of Childhood Trauma: Strategies for Helping a Child. Maskwacis Awasisak Conference. Sawridge Hotel. Edmonton, AB.

Simington, J. 2011(May 13, 14).Palliative Care-giving: Journey to Hope and Healing. High Prairie and District Palliative Care Association. High Prairie, AB.

SELECTED RECENT COMMUNITY SEMINARS/ WORKSHOPS/TRAINING (Out of 272)

Simington, J. 2013 (July 2, 3). Healing from loss and grief. Social Development, Saddle Lake First Nations, Banff, AB.

Simington, J. 2013 (March, 12, 13, 14). Behavioral Manifestations in the community of Trauma: *A Holistic Approach to Helping and Healing the Effects of Trauma*. Daylong presentations to the Elders, Employees and Community at Large . Tsuu T'ina Nation, Calgary, AB.

Simington, J. 2012 (November, 7). *A Holistic Approach to Helping and Healing the Effects of Trauma*. Acropolis Hotel, Athens, Greece.

Simington, J. 2012 (October, 23 -26). *Healing Sexual Trauma: A Workshop for Women*. Saddle Lake Healing and Wellness, Star of the North, St. Albert, AB.

Simington, J. 2012 (September, 11). *Honoring Your Spirit in the Workplace*. KTC Child and Family Services, Loon River, Whitefish Lake, Woodland Cree First Nation Bands, Quaaout Lodge, Chase BC.

Simington, J. 2012 (July, 26). *Helping and Healing During Times of Trauma*. Multicultural Health Brokers Co-operative, Edmonton, AB.

Simington, J. 2012 (July, 17-20). *Healing Sexual Trauma*. Ermineskin Brighter Futures, Lakeview Haven, Buck Lake, AB.

Simington, J. 2012 (June, 12,13). *Management Wellness and Empowerment: Enhancing Spirit at Work_(Level 2)*. Reinvestment Program. Saddle Lake First Nations. Chateau Louis Conference Centre, Edmonton, AB.

Simington, J. 2012 (February). *From Ember to Flame: Know the Joy of Igniting Your Personal Potential*. Edmonton-Millwood's Liberal Constituency Assoc. Fundraising Event, Edmonton, AB.

Simington, J. (2011, November 25, 26, 27). Reclaiming Lost Parts of the Self following Trauma. Aboriginal Foster Care Program, Family and Community Social Services, Boreal Forest Nest, Slave Lake, AB.

Simington, J. 2011 (Sept. 30). Childhood Trauma: Effects on Education. Alexis Nakota Sioux Band Teachers Educational Meeting. Alexis FN Community. Glenevis, AB

Simington, J. (2011 (June 6, 7). Management Wellness and Empowerment: Enhancing Spirit at Work. Reinvestment Program. Saddle Lake First Nations. Chateau Louis Conference Centre, Edmonton, AB.

Simington, J. 2011 (February 28, March 1 and 2). Reclaiming Personal Power: A Healing Journey. West Point First Nation, Hay River, NT.

SELECTED RECENT MEDIA EXPOSURE

Television

2012, Living Consciously TV and Coaching Radio-TV, Denver, CO. From Beliefs to Knowing (March, 24).

2011, Global TV – Edmonton, AB. Woman of Vision Story with Lesley McDonald (March 6).

2002, Global TV- Edmonton, AB. A Woman's Spiritual Journey for VON. Events. (Sept. 10).

2003, Global TV - Edmonton, AB., Journey to the Sacred: Book Introduction Community Events (Mar. 1).

Radio Interviews (out of 54)

2013, (July, 7). Through Soul's Eyes: Reinventing a Life of Joy and Promise. Host: Julie Peters of Life With the Girlfriends.<http://>

2013, (April 29). Through Soul's Eyes: Reinventing a Life of Joy and Promise. Host: Mary O'Keefe of Hope, Healing and WellBeing. <http://webtalkradio.net/shows/hope-healing-and-wellbeing/>

2013 (April, 2). Through Soul's Eyes: Reinventing a Life of Joy and Promise. Native Perspective. Host: Dianna Miele. CFWE. Edmonton, AB.

2013 (April,1). Through Soul's Eyes: Reinventing a Life of Joy and Promise. Conscious Talk Radio. Hosts: Brenda Michaels and Rob Spears. KKNW 1150 AM. Seattle, WA.

2013 (February, 28). Reinventing a Life of Joy and Promise. The Double D's in the Morning Show. Hosts: Bill Dablow & Jamie Dickerman. Wahpeton, ND. KMBW AM. 1450.

2012 (Dec, 20). *Christmas and Grief*. Morning Magazine. Hosts: Brad Davis and Mary Jones. WDRC Talk of Connecticut AM 1360.

2012 (Dec, 10). *Post Traumatic Soul Disorder*. Focus 1260. Host: Marsha Raye. KWYR Country 1260.

2012 (Nov, 26). *Post-Traumatic Stress Disorder. Conversations with Cogee*. Host: Cogee. KLAV-1230AM - The Talk Of Las Vegas.

2012 (Oct, 10). *Healing Post Traumatic Soul Disorder. Power Women Magazine*. Host: Deb Bailey. <http://www.blogtalkradio.com/powerwomenmag/2012/10/10/dr-jane-simington>.

2012 (Sept, 28). *Healing Trauma. The Gabriel Method*. Host: Jon Gabriel. <http://www.thegabrielmethod.com/>. Internet interview. QLD, AU.

2012 (Aug, 22). *Post Traumatic Soul Disorder – Are There Differences in How Men and Women Heal Trauma? Leatherneck and Lace*. Hosts: Brad Davis & Mary Jones. WDRC AM 1360/FM 102.9-3.

2012 (July 28). *The Truth about PTSD. Straight Talk with Larry Stancil*. 1450 KMMS AM.

2012 (July, 24). *Post Traumatic Soul Disorder. The Double D's in the Morning*. Hosts: Bill Dablow & Jamie Dickerman. Wahpeton, ND. KMBW AM. 1450.

2012 (July, 8). *Post Traumatic Soul Disorder: Journey to the Sacred: Mending a Fractured Soul*. Host: Bo Hudson. KMPS FM. Seattle, WA.

2012 (Feb, 23). *Ten Ways to Reclaim Joy in Your Life. Conscious Talk Radio*. Hosts: Brenda Michaels and Rob Spears. KKNW 1150 AM. Seattle, WA.

2012 (Feb, 16). *Dream Messages for Healing Trauma. The Partnership of Intuition and Dreams with Dr. Marcia Emery*. Voice America 7th Wave <http://www.voiceamerica.com/episode/59554/dream-messages-for-healing-trauma>

2012 (Feb, 20). Spirituality. *The Holistic Health Show*. Host: Carl O'Helvie. BBS Radio.

2012 (Feb, 12). *Dealing with Betrayal. Holly Hall Radio Show*. Toronto ON. <http://a2zen.fm/events/taking-flight-on-the-holly-hal-show-how-to-deal-with-betrayal>.

2012 (Feb, 1). *Penn State Scandal Victims. Newstalk Radio* Host: Jeff Lemucchi. 1180 AM. Bakersfield CA. <http://www.kernradio.com/>

2012 (Jan, 31). *Grief Responses. Dresser after Dark*. Host: Michael Dresser Blog Talk Radio.

2011 (Dec, 28). *Journey to the Sacred and Holiday Grief. Ricky Lee and Mike in the Morning*. Host: Mike Buchanan. 1240 KBIZ.

2011 (Dec, 24). *Finding Christmas Joy despite Our Grief. Weekend with Terri Q. Sayre*. 770 KKOB. Albuquerque, NM.

Newspaper Interviews (Out of 13)

2013 (August 2). *Solace and Comfort Through Soul's Eyes: Finding relief from life's suffering*. Life, Calgary Herald. By Mario Toneguzzi.

2012 (May 7). *Nurses Honored – Jane Simington, 2012 CARNA Lifetime Achievement for Nursing Excellence*. The Edmonton Sun

2012 (May). *Healing from Sexual Abuse Begins by Talking. Alberta Sweetgrass*. By Sam Laskaris, 19 (5).

2011 (June, 19). *Residents of Salve Lake Have Begun Their Healing Process. Slave Lake Record-Gazette*. By Erin Steele.

2011, Edmonton Journal – Healing Trauma by Mending Fractured Souls. Woman of Vision. By Lesley McDonald. Art and Life. (March 5, D6).

2011, Canadian Nurse - Nurse to Know. When Loss Leads in New Directions: Jane Simington shares hard won lessons about healing. (June, 34-35).